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Making the case for homeopathy

NORTH Yorkshire homeopath Aileen Smith is guest speaker at Lewis & Cooper's regular Lunch Club slot on Thursday, May 20th.

The event, held in the Northallerton gourmet store's upstairs tea room, takes place from 12.30-2.30 and includes a three-course meal and complimentary aperitif. She will welcome questions from guests.

Tickets are £12.50 – for more details and to book, contact 01609 766702 or ask in store.

Aileen Smith DHom Reg MARH holds regular clinics in Northallerton and lives near Thirsk.

Her interest in homeopathy – treatment which uses highly diluted substances to relieve a wide range of ailments – grew 20 years ago out of concern about the number of antibiotics her young daughter was prescribed to treat recurrent ear and chest infections, followed by a diagnosis of asthma.

Aileen too had developed a severe allergic reaction to something for which antihistamines and steroids were having little effect.

"Treatment was very successful because our homeopath treated the whole person, looking for the cause of why we were experiencing our symptoms," she said.

"You often hear people say 'I've never been right since my father died/I had my baby/car accident/my child started school...' these are indications of the possible cause. But often symptoms don't show immediately – nevertheless, they need addressing.

"At the lunch club event I'll be explaining how people can use homeopathic



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remedies for the acute conditions we deal with from day to day, season to season – the latter is particularly timely as the hay fever season gets underway once more.”

Mrs Smith, who treats people from conception to old age and is a member of the Alliance of Registered Homeopaths, can be reached on 01845 537534.

Friday, May 7, 2010

NOTES TO EDITORS

- * Please find attached a jpg of Aileen Smith.
- * For press inquiries, please contact Gareth Dant at *maximedia* on 01609 760059 or 07929 869269.
- * The Northallerton store is at 92 High Street, telephone 01609 772880; a second, new store is 109 High Street, Yarm, telephone 01642 784158. The Northallerton store is open 8.30-5.30 Monday-Friday, 8am-5.30pm on Saturday and 10am-4pm on Sunday. The Yarm store is open from 9am-5.30pm, Monday-Saturday and 11am-4pm on Sunday.
- * Lewis & Cooper stocks more than 35,000 lines, including its multi-award winning hand-made plum puddings, luxury fruit cakes and massive range of world-famous hampers. For more details of these, and of their many awards, please visit www.lewisandcooper.co.uk.

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